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## Sereni-Tea: Seven Sips to Bliss

By Dharlene Marie Fahl

Transformation Media Books. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.8in. x 6.0in. x 0.7in. Certified tea specialist and world tea traveler, Dharlene Marie Fahl, guides you on an inner journey of self-discovery in seven simple sips of tea. Quiet your mind, open your heart and experience bliss, Fahl says. Bliss is what excites your soul and delights your heart. Bliss presents itself in quiet moments, in the ritual of seven sips. Anywhere anytime, your cup of Sereni-Tea awaits you. How sweet it is to toast a book for the spiritual seeker who is finding enlightenment through tea. Tea releases and expands your life force energy. My friend, Dharlene Marie shows you in Sereni-Tea, just how easy it is. Cheers to your health, wealth and well-being. Happy Reading! Mark Victor Hansen -- Co-creator, 1 New York Times best selling series Chicken Soup for the Soul Sereni-Tea is not a typical book about tea. Yes, it contains all the necessary information to help both novices and experts alike to better appreciate this near-miraculous beverage, but then it uses tea as a means for discovering who we are and what we could become. . . Joe Simrany, President, Tea Association of the...



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