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The Touch: Healing Miracles and Methods

By Doug Heyes

Findhorn Press Ltd. Paperback. Book Condition: new. BRAND NEW, The Touch: Healing Miracles and Methods, Doug Heyes, Within each of us, there exists a wellspring of radiant healing energy that can be accessed, channeled and used for personal healing and facilitating healing in others. THE TOUCH centers on the practice of RAM Healing(TM) (Radiance Aesthesia Method(TM)) - a powerful approach to healing, created and developed from a synthesis of interwoven principles and techniques from Qi Gong, T'ai Chi, Kung Fu, Breathwork, Prayer, Shamanic Wisdom, Eastern, Western and Botanical Medicine, Spiritual Psychology and Quantum Theory. Despite its deep, wide-ranging roots, RAM Healing(TM) is simple, accessible and effective. It can be learned quickly and practiced immediately by anyone, both as a healing modality and as a dynamic pathway to radiant health, authentic empowerment, and Self-awakening. Heyes likens the learning curve to Chess: "You can learn the moves in an hour and spend a lifetime mastering the game," Heyes writes, "When we first start doing this work, we tend to do a lot to achieve minimal results. As we advance, we find ourselves doing less and less to achieve more and more. Finally, as we become masters, we achieve our most dramatic results..."



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