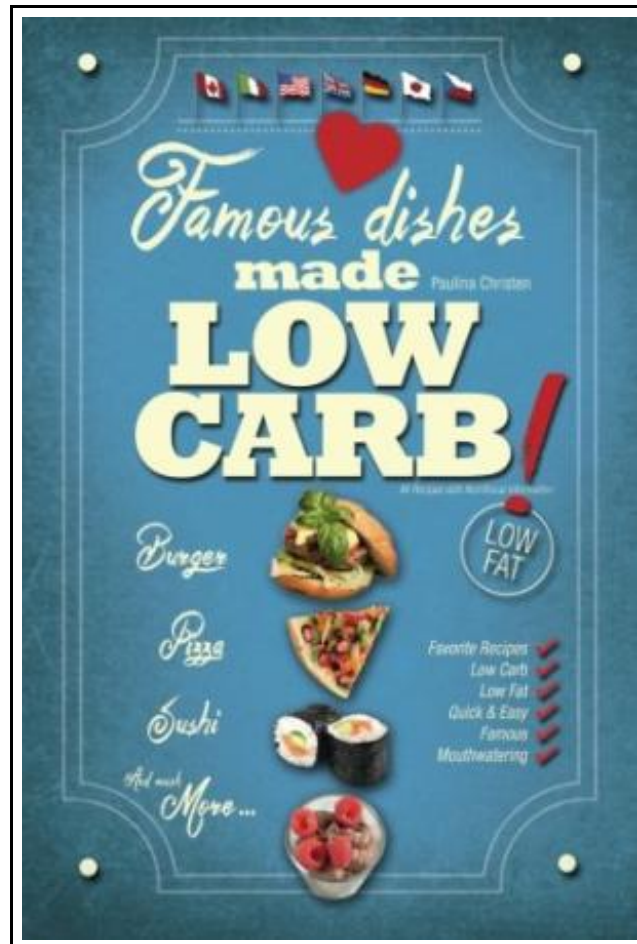


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Reviews

This publication is really gripping and fascinating. It is among the most amazing ebook i have study. I am just quickly could possibly get a satisfaction of looking at a written ebook.


(Dr. Earl Harber)


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Famous Dishes Made LOW-CARB! Your Favorite Low-Carb Recipe Book with Quick and Easy Recipes Many people assume that when you switch to a low-carb, low-fat diet that you have to give up all of your favorite foods. This kind of diet is very good for you, but it can be a little boring if you don't have the right recipes. In this book you will find a collection of delicious and flavorful recipes for classic foods from around the world that are low in both fat and carbs. These recipes include regional favorites like lasagna and stir-fry as well as classic recipes like pizza, pasta, burgers and cakes. With this book in hand you can enjoy all of the famous dishes without straying from your low-carb, low-fat diet. So what are you waiting for? Get cooking! Includes low-carb mouthwatering meal recipes under 30 minutes and other world famous recipes: Chocolate Chip Pancakes Belgian Waffles Blueberry Muffins Cheeseburger Pizza Sushi Pasta Primavera Lasagna Vegetable Quiche Southern Fried Chicken Shepherd's Pie Fish and Chips Thai Chicken Curry Pad Thai Coconut Pudding Carrot Cake German Chocolate Cake Peanut Butter Cookies Banana Bread Bananas Foster Mousse au Chocolat and many more! Simply put, this book gives you some of the fastest, easiest ways to enjoy your favorite foods (Breakfast, Main Course, Dessert) while following the low-carb diet. If you are ready to transform your life and enjoy some delicious recipes, keep reading! - All recipes with Nutritional Information - Includes many low-carb mouthwatering meal recipes under 30 minutes - Perfect for Beginners (Quick and easy) - All recipes with photo - All recipes low-carb - All recipes...

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