



## Your Body Is Talking Are You Listening? Volume 1

By Dr. Art Martin

Personal Transformation Press. Paperback. Book Condition: New. Paperback. 336 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. The Alternatives to Drugs and Surgery. A Non Invasive Method to Clear And Heal Back, Leg, Neck Pain, illness, disease and behavioral dysfunctions This book could save or change your life and the concept about healing illness, disease and emotional dysfunction. Mindbody Energy Medicine and Energy Psychology is the new frontier. This is a major breakthrough in understanding how the mind functions with new concepts in the clinical applications of Behavioral Mind Body medicine. This is book based on scientific research in the field of Psychneuroimmunology. How states of mind can cause emotional and physical breakdown in the body. The mind is a computer and controls every function in the body. Illness, disease, allergies, malfunctions and dysfunctional breakdowns in our body only exist as programs in our mind. They are not a reality unless we make them happen. Yes pain is real and it does exist, yet we can release it by having a dialogue with our mind and erasing and destroying the program that is driving the minds program driving the bodies malfunction. The beliefs, attitudes and interpretations our mind creates cause the breakdowns....



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