



## Moonwalking with Einstein

By Joshua Foer

Paperback. Book Condition: New. Not Signed; Joshua Foer's Moonwalking with Einstein is an astonishing journey through the mind, and secrets of how our memory really works. Can anyone get a perfect memory? Joshua Foer used to be like most of us, forgetting phone numbers and mislaying keys. Then he learnt the art of memory training, discovering the mnemonic ancient 'memory palace' technique first practiced by Simonides of Ceos over 2,500 years ago. And only year later, Foer found himself in the finals of the US Memory Championships, alongside 'mental athletes' who could memorise the precise order of ten shuffled decks of cards in under an hour. From the man who can recall nine thousand books to another who constantly forgets who he is, from the ancient world to the cutting edge of neuroscience, Joshua Foer discovers a truth we often forget: that memory is the key to everything we are. Passionate and deeply engrossing. The more we challenge ourselves, the greater our capacity. It's a fact that every teacher, parent and student would do well to learn. The lesson is unforgettable. ( Washington Post ). Captivating. Engaging. Mr. Foer writes in these pages with fresh enthusiasm. His narrative is smart and...



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