



The New Years Resolution Handbook: . Using the Massive Goal Principle. a Guide for Setting and Achieving Your Massive Goals

By David Hyner

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.For many people the New Year hails the start of a new era in their life. Every New Year there are thousands of goals, resolutions and projects started, but all too many of them end in unfulfilled dreams, broken promises to yourself or others, and goals not achieved. For some, this can eventually lead to new year resolutions having a sense of hopelessness before January has even past its midway mark. January is seen as a time of goal setting, hope, new beginnings, and a time to set big goals for yourself and so David Hyner has shared his MASSIVE goals principle with a focus on how to keep the momentum alive into February and beyond until you have achieved your goals. The massive goal principle is a goal setting process based upon 200+ research interviews with top achievers that challenges the much taught smart goals and has inspired between 10 000-50 000 people every year for the last fifteen years to set and achieve their goals through the authors live seminars, workshops and keynote...



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