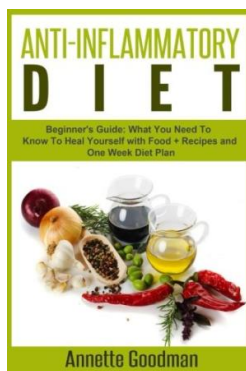


## Anti-Inflammatory Diet: Beginner's Guide: What You Need to Know to Heal Yourself with Food + Recipes + One Week Diet Plan



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